

	<b>Title:</b>	<b>Specification – Hemp Granola - Blueberry</b>	Document #:	<b>SPEC-042</b>
	Location:	Fresh Hemp Foods : Winnipeg	Doc Phase:	Approved
	Approved by:	Ashley Linden	Revision:	5
	Revised by:	Courtney Conroy	Effective Date:	31-Jan-2020

PRODUCT DESCRIPTION	
Description	This blueberry flavored granola contains organic rolled oats and organic shelled hemp seeds as primary ingredients and contains both natural blueberry flavor and organic wild dried blueberries. This product was made in Canada with domestic and imported ingredients.
Flavor & Odor	Sweet and nutty, with hemp and blueberry flavors. Blueberry aroma
Color & Appearance	Toasted brown granola clusters with pieces of blueberries. Granola clusters with pumpkin seeds and blueberry pieces.
Ingredients	Whole grain rolled oats*, Shelled hemp seeds*, Tapioca syrup*, Raw cane sugar invert syrup*, Pumpkin seeds*, Pea protein crisps* (pea protein*, rice starch*), Brown rice crisps*, Extra virgin coconut oil*, Dried blueberries* (blueberries*, cane sugar*, sunflower oil*), Cane sugar*, Hemp protein powder* (hemp protein concentrate*, natural plant extracts), Coconut flakes*, Oat flour*, Pea protein concentrate*, Natural flavor, Chia seeds*, Puffed quinoa*, salt. *Organic
Shelf-life	12 months from the date of manufacture when stored in original packaging
Storage	Keep stored in a cool, dry place at ambient temperature. Keep away from heat or light. Humidity between 30-50%.
Certifications	<b>Organic</b> status: this product is certified organic by Ecocert Canada. <b>Kosher</b> status: this product is certified OU Dairy. <b>Non-GMO</b> status: this product is Non-GMO Project Verified.
Allergen statement	<b>Allergen:</b> Contains: Wheat, Coconut. May contain: Soy. Made in a facility that also handles tree nuts and milk.

PRODUCT SPECIFICATION		
TEST	SPECIFICATION	METHOD
<b>MICROBIAL QUALITY</b>		
Standard Plate Count	≤ 100,000 cfu/g	AOAC 990.12
Coliforms	≤ 500 cfu/g	AOAC 991.14
<i>E. coli</i>	<10 cfu/g	AOAC 991.14
<i>E. coli</i> 0157:H7	Negative	MFLP-30 or MFHPB-10 *
<i>Salmonella</i>	Negative	MFLP-29 *
Yeast & Mold	≤ 4000 cfu/g	AOAC 2014.05
<b>CHEMICAL &amp; ELEMENTAL IMPURITIES</b>		
Pesticides	All contracted hemp seed growers are obliged by contract to grow all hemp seed crops without the use of in-crop pesticides.	
Residual Solvents	All hemp and hemp derived products are processed without the use of solvents.	
Heavy Metals	Cadmium < 0.5 ppm Lead < 0.5 ppm Arsenic < 1.5 ppm Mercury < 1.5 ppm	ICP-MS * (limits based on USP)
Mycotoxins	< 20 ppb	Elisa or LCMSMS *
THC	< 4 ppm on dry weight basis	GC-MS *
Gluten	< 20 ppm	ELISA
Moisture	≤ 6%	moisture meter

\* Tested at an ISO/IEC 17025:2005 accredited 3<sup>rd</sup> party Laboratory

\*\* Nutritional profile and Fatty Acid Profile are based on typical test results, not a complete list of all fatty acids or amino acids. These are average values and should be used only to approximate the nutritional composition of any food formulations



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**NUTRITIONAL PER 100 GRAMS \*\***

Nutrients	Per 100g
<b>BASIC COMPONENTS</b>	
Calories (kcal)	441.19
Protein (g)	17.32
Carbohydrates (g)	50.67
Dietary Fiber (g)	5.67
Soluble Fiber (g)	0.15
Total Sugars (g)	17.02
Added Sugar (g)	14.5
Fat (g)	19.58
Saturated Fat (g)	9.42
Mono Fat (g)	2.35
Poly Fat (g)	5.37
Omega 3 Polyunsaturated fatty acids (g)	0.77
Omega 6 Polyunsaturated fatty acids (g)	2.56
Omega 9 fatty acids (g)	2.35
Trans Fatty Acid (g)	0
Cholesterol (mg)	0
Other Nutrients	
Sugar Alcohol (g)	0

Nutrients	Per 100g
<b>Vitamins</b>	
Vitamin A – RAE (mcg)	2.67
Beta-Carotene (mcg)	0
Vitamin B1 (mg)	0.26
Vitamin B2 (mg)	0.11
Vitamin B3 (mg)	1.31
Vitamin B6 (mg)	0.20
Vitamin B12 (µg)	0.00
Biotin (mcg)	-
Vitamin C (mg)	0.19
Vitamin D (mcg)	0
Vitamin E – Alpha-tocopherol (mg)	0.53
Folate (mcg)	30.18
Folate, DFE (mcg DFE)	30.18
Pantothenic acid (mg)	0.08
Vitamin K (mcg)	1.11
<b>Minerals</b>	
Calcium (mg)	48.90
Copper (mg)	0.44
Chromium (mg)	-
Iron (mg)	4.58
Phosphorus (mg)	402.24
Magnesium (mg)	152.81
Manganese (mg)	2.63
Molybdenum (mcg)	3.72
Potassium (mg)	387.00
Selenium (mcg)	11.38
Sodium (mg)	248.97
Zinc (mg)	2.78
Choline (mg)	11.28